



Newbattle HS – School of Football

School of Football



- *The School of Football is a project aimed at developing the Social & Cognitive skills of young people during their first two years of high school. This will be achieved through practical and theory sessions delivered on a daily basis!*
- *SOF: S1-S2 Programme*

SOF Programme



- Technical & Tactical Sessions
- Athletic Development
- Homework Club
- Nutrition
- Positive Coaching Scotland
- Strength & Conditioning
- Psychology
- Literacy & Numeracy



Aims – Person 1st, Player 2nd



Academically

- Educational grades
- Commitment to school
- School Reports
- Concentration
- Listening
- Learning

Socially

- Friendships
- Confidence
- Self Esteem
- Maturity & Responsibility
- Respect

Expectations of Pupils



Players Responsibility

- Effort
- Attendance
- Strive for improvements
- Personal responsibility for your programme
 - Full participation in all aspects
 - Perform well at school
 - Good behaviour